

Pre-Conference Workshops

Wednesday 13 November

MORNING WORKSHOPS 7.00am REGISTRATION OPENS

Offsite Workshop 1	Facilitator: Miss Anna Ferrier
8.30am – 11.30am <i>(bus departs 0730)</i>	Male and female pelvic floor examination <i>(This workshop is exclusively for members of the Continence Nurses Society of Australia only)</i>

Workshop 2	Facilitator: Dr Janet Chase
9.00am – 12.30pm	What do you do when you have run out of ideas? The issues of refractory nocturnal enuresis, day wetting and faecal incontinence in children.

Workshop 3	Facilitator: Prof Russ Chess-Williams
9.00am – 12.30pm	The science of the bladder and overactive bladder

Workshop 4	Facilitators: Dr Jenny Kruger, Dr Anna Rosamilia
9.00am – 12.30pm	Measuring the vaginal pressure profile Insights and applications

AFTERNOON WORKSHOPS 12:30pm REGISTRATION OPENS

Workshop 5	Facilitator: Ms Angela Khera
1.30pm – 5.00pm	Too hot to handle? Managing patients with inflammatory bowel disease

Workshop 6	Facilitator: Dr Oliver Daly
1.30pm – 5.00pm	Build your own pelvis Hands-on clay pelvic anatomy workshop

Workshop 7	Facilitator: Dr Ian Tucker
1.30pm – 5.00pm	Neuromodulation Exciting times

Workshop 8	Facilitators: Dr Patricia Neumann, Dr Chris Barry
1.30pm – 5.00pm	Multidisciplinary pessary care in 2019 Sponsored by 

Conference Program

Thursday 14 November

7.00am	REGISTRATION
7.00am – 8.15am	BREAKFAST SYMPOSIUM Using a design lens to measure impact in health interventions for clients with complex care needs. <i>Sponsored by Independence Australia</i>
PLENARY SESSION 1: Opening	
	Chairperson: TBC
8.30am – 10.30am	8.30am – 8.40am Welcome 8.40am – 8.50am Official opening 8.50am – 9.10am 30-year Contenance Foundation of Australia celebration 9.10am – 9.40am Pelvic Organ Prolapse (POP): biomechanical insights into cause and cure <i>Keynote Speaker: Dr John DeLancey</i> 9.40am – 10.10am Contenance containment: a real option for clients <i>Keynote Speaker: Prof Mandy Fader</i>
10.30am – 11.00am	MORNING TEA



2019
Melbourne
13-16 November
Pullman Melbourne Albert Park

Conference Program

Thursday 14 November

PLENARY SESSION 2: Bladder function at the extremes		Chairperson: TBC
11.00am – 1.00pm	11.00am – 11.20am Assessment of detrusor function Keynote Speaker: A/Prof Cristiano Gomes	
	11.20am – 11.40am Detrusor overactivity with detrusor underactivity (DO-DU) - diagnosis and treatment Invited Speaker: Dr Vincent Tse	
	11.40am – 12.00pm Diagnosis and management of DU + LUTS Keynote Speaker: A/Prof Cristiano Gomes	
	12.00pm – 12.07pm Abstract: Benchmarking urinary incontinence through standardised definitions and measurement in community maternity populations Mrs Valerie Slavin	
	12.07pm-12.14pm Abstract: Psychological stress and recovery: compensation to overcome bladder overactivity in mice A/Prof Catherine McDermott	
	12.14pm-12.21pm Abstract: Wake-up call: 4 out of 5 older hospitalised patients have nocturnal LUTS A/Prof Wendy Bower	
	12.21pm-12.28pm Abstract: Emotional vs physical stress in mice: impact on bladder function A/Prof Catherine McDermott	
	12.28pm-12.35pm Abstract: Acrolein, the toxic urinary metabolite of cyclophosphamide, causes physiological changes to bladder function A/Prof Donna Sellers	
	12.35pm-12.42pm Abstract: How to identify clients at risk of Autonomic Dysreflexia during urinary catheter changes in the community setting: the development of a screening tool Ms Jennifer Greenaway	
	12.42pm-12.49pm Abstract: Can the beneficial effects of tamsulosin on the overactive bladder be explained by an effect on bladder blood flow? A/Prof Donna Sellers	
12.49pm-12.56pm Abstract: The prevalence of urinary incontinence and athletic incontinence in competitive female CrossFit participants Ms Lolita Wikander		

Conference Program

Thursday 14 November

1.00pm – 2.00pm LUNCH	
PLENARY SESSION 3: Voiding Dysfunction / Female Retention Problems	
Chairperson: TBC	
2.00pm – 3.30pm	2.00pm – 2.20pm Management of female urinary retention: evaluation and diagnosis Invited Speaker: Dr Karen McKertich
	2.20pm – 2.40pm Post-partum or post-pelvic surgery retention Invited Speaker: Dr Alison de Souza
	2.40pm – 3.00pm Management of female urethral stricture: assessment and treatment Invited Speaker: Dr Johan Gani
	3.00pm – 3.20pm Overactive pelvic floor and its impact on voiding dysfunction Invited Speaker: Ms Elise Fraser
	3.20pm – 3.27pm Abstract: The long-term impact of an obstetric anal sphincter injury on sexual function. A historical cohort investigation of Australian women Ms Donna Green
3.30pm – 4.00pm AFTERNOON TEA	
PLENARY SESSION 4: Ethics/Consent – When to treat and when not to treat?	
Chairperson: TBC	
4.00pm – 5.30pm	4.00pm – 4.20pm Ethical challenges in pelvic floor assessment and treatment Invited Speaker: Prof Clare DeLaney
	4.20pm – 4.40pm This patient needs help with incontinence. What if they refuse? Invited Speaker: Dr Joan Ostaszkiwicz
	4.40pm – 5.00pm Surgical need but refusal – defining when patient is competent to make informed decisions Invited Speaker: Dr Oliver Daly
	5.00pm – 5.20pm What matters most in the context of life limiting illness Invited Speaker: Ms Sharyn Milnes
5.30pm – 6.00pm CONTINENCE FOUNDATION OF AUSTRALIA ANNUAL GENERAL MEETING	
6.00pm – 8.00pm WELCOME RECEPTION	

Conference Program

Friday 15 November

7.30am	REGISTRATION	
PLENARY SESSION 5: Neurogenic bladder		Chairperson: TBC
8.30am – 10.30am	8.30am-8.50am Sacral neuromodulation in neurogenic overactive bladder: what is the evidence? Keynote Speaker: A/Prof Cristiano Gomes	
	8.50am-9.10am Indwelling catheter management in spinal cord injury patients and troubleshooting Invited Speaker: Ms Catherine Byrne	
	9.10am-9.30am Sexual health – male erectile dysfunction & fertility management in spinal cord injury Invited Speaker: Dr Darren Katz	
	9.30am-9.50am Male stress incontinence in spinal cord injury Keynote Speaker: A/Prof Cristiano Gomes	
	9.50am-10.10pm Neurologist update on multiple sclerosis treatment Invited Speaker: A/Prof Anneke Van Der Walt	
	10.10am-10.30am Barriers to uptake of intermittent self-catheters in multiple sclerosis patients: a nurse's perspective Keynote Speaker: Prof Mandy Fader	
10.30am – 11.00am	MORNING TEA	

Conference Program

Friday 15 November

PLENARY SESSION 6:

Transition

Chairperson: **TBC**

11.00am – 1.00pm

11.00am – 11.20am

Neurogenic and anatomical lifelong conditions

Invited Speaker: A/Prof Chris Kimber

11.20am – 11.40am

The management of incontinence in the adolescent female

Invited Speaker: Dr Caroline Dowling

11.40am – 12.00pm

Transitional urology from the patient's perspective: issues, challenges and benefits

Invited Speaker: Dr Rob Coleman

12.00pm – 12.20pm

PTSD and the impact on health engagement and insight

Invited Speaker: Dr Tony McHugh

12.20pm – 12.27pm

Abstract: The impact of pelvic floor disorders on exercise in women

Ms Jodie Dakic

12.27pm – 12.34pm

Abstract: Continence and acquired brain injury: improving independence and reducing cost of care

Dr Angelita Martini

12.34pm – 12.41pm

Abstract: The effect of pelvic floor muscle interventions on pelvic floor dysfunction after gynaecological cancer treatment: a systematic review

Ms Robyn Brennen

12.41pm – 12.48pm

Abstract: Feasibility of pre-prostatectomy functional pelvic floor muscle training

Ms Alesha Sayner

PLENARY SESSION 7:

UGSA

Chairperson: **TBC**

11.00am – 1.00pm

11.00am – 11.20am

Why we have been wrong about the SUI cause – revoking the hammock hypothesis

Keynote Speaker: Dr John Delancey

11.20am – 11.40am

Should we be performing concurrent incontinence surgery with prolapse surgery – what about the burch/ pubovaginal sling?

Invited Speaker: Dr Ruchi Singh

11.40am – 12.00pm

Is the grass greener on the other side? Complications of surgery for SUI

Invited Speaker: Dr John Short

12.00pm – 12.20pm

Value of urodynamics prior to surgery – evidence for and against

Invited Speaker: Dr Alex Mowat

12.20pm – 1.00pm

Debate: 'All women should have physiotherapy prior to surgery for stress urinary incontinence/ prolapse'

For

Ms Elise Fraser

Dr Lin Li Ow

Against

Dr Marcus Carey

Ms Elizabeth Thomas

1.00pm – 2.00pm

LUNCH

Conference Program

Friday 15 November

PLENARY SESSION 8: New and emerging trends Chairperson: TBC		PLENARY SESSION 9: UGSA Chairperson: TBC	
2.00pm – 3.30pm	2.00pm – 2.20pm Inflammatory bowel disease – updates on new treatments Invited Speaker: Dr Emily Wright	2.00pm – 3.30pm	2.00pm – 2.20pm Pessaries – the good, the bad and the ugly: guidelines for use Invited Speaker: Dr Lin Li Ow
	2.20pm – 2.40pm Faecal transplantation: its current and emerging role in gut conditions Invited Speaker: Dr Chamara Basnayake		2.20pm – 2.40pm Increased tone in the pelvic floor muscles: is it real and can it be treated? Invited Speaker: A/Prof Helena Frawley
	2.40pm – 3.00pm Psychology – approaching evidence in hypnotherapy Invited Speaker: Dr Simone Peters		2.40pm – 3.00pm Recurrent prolapse – what is the best management? Tips and tricks Invited Speaker: Dr John Short
	3.00pm – 3.07pm Abstract: Pharmacokinetics of oestriol cream using quantitative liquid chromatography tandem mass spectrometry Dr Nevine Te West		3.00pm – 3.15pm What about vaginal lasers? Invited Speaker: Dr Alex Mowat
	3.07pm – 3.14pm Abstract: Impact of defecation posture modifying device on the anorectal angle Dr Mugdha Kulkarni		3.15pm – 3.30pm Burch and pubovaginal sling techniques – video presentation Invited Speaker: Dr Marcus Carey
3.30pm – 4.00pm AFTERNOON TEA			
PLENARY SESSION 10: Aspects of research translation		Chairperson: TBC	
4.00pm – 5.30pm	4.00pm – 4.30pm How Pelvic Organ Prolapse (POP) surgery can be improved: are we there yet? Keynote Speaker: Dr John DeLancey		
	4.30pm – 4.50pm Motility of the bowel. Invited Speaker: A/Prof Phil Dinning		
	4.50pm – 5.10pm How muscarinic antagonists work on the overactive bladder: it's not how you think! Invited Speaker: Prof Russ Chess-Williams		
	5.10pm – 5.30pm Assessment of the pelvic floor: how to identify a muscular component in pelvic floor dysfunction. Invited Speaker: A/Prof Helena Frawley		
5.30pm	PROGRAM CONCLUDES		
7.00pm	PRE-DINNER DRINKS		
7.30pm – 12.00am	CONFERENCE GALA DINNER: Grand Ballroom, Pullman Melbourne Albert Park		

Conference Program

Saturday 16 November

8.45am	REGISTRATION	
PLENARY SESSION 11: Assessment in the Community 1		Chairperson: TBC
9.00am – 10.30am	9.00am – 9.20am Pharmacotherapy in children Invited Speaker: Dr Susie Gibb	
	9.20am – 9.40am Practical pharmacotherapy in older adults Invited Speaker: Dr Philip Street	
	9.40am – 10.05am Treatment resistant UTIs Keynote Speaker: Prof Mandy Fader	
	10.05am – 10.25am Diabetes and incontinence / multimorbidity and complex chronic health conditions Invited Speaker: Prof Trisha Dunning	
10.30am – 11.00am	MORNING TEA	
PLENARY SESSION 12: Assessment in the Community 2		Chairperson: TBC
11.00am – 12.20pm	11.00am – 11.20am Supporting people living with dementia and faecal incontinence Keynote speaker: Prof Mandy Fader	
	11.20am – 11.40am Vulvar dermatology Invited Speaker: Dr Helen Saunders	
	11.40am – 12.00pm What does the GP need to know about the pelvic floor? Keynote Speaker: Dr John DeLancey	
	12.00pm – 12.20pm Management of mesh complication in Australia / Alternatives to mesh Invited Speaker: Dr Anna Rosamilia	
12.20pm	Closing remarks	
12.30pm	CONFERENCE CONCLUDES	
12.30pm – 1.15pm	LUNCH	

Post-Conference Workshops

Saturday 16 November

Workshop 9	Facilitator: TBC
1.15pm – 3.15pm	Overactive bladder syndrome
3.15pm – 3.30pm	AFTERNOON TEA
Workshop 10	Facilitator: TBC
3.30pm – 5.30pm	Diagnosis, assessment and treatment of pelvic organ prolapse

Note:

Program is subject to change.

APA members will earn one MCPD point per hour of participation.

RCNA Continuing Nurse Education (CNE) points have been applied for and CNE points are to be confirmed in the conference handbook.

RACGP Category 1 points for Saturday's program have been applied for and are to be confirmed in the conference handbook.